

### AMENDMENTS TO THE ABSTRACT

Please substitute the following paragraph for the abstract originally appearing in the specification:

The present invention is a cable having one or more telecommunication or power transmission media or a core of two or more such media, each medium or core surrounded by at least one jacketing or sheathing layer having a polypropylene homopolymer or copolymer and having a relaxation spectrum (RSI) and melt flow (MF) such that  $RSI \cdot MF^a$  is greater than about 12 when  $a$  is about 0.5.

### AMENDMENT TO THE CLAIMS

This listing of claims will replace all prior versions and listings of claims in the application:

#### Listing of Claims:

1. (Currently Amended) A cable comprising one or more telecommunication or power transmission media or a core of two or more such media, each medium or core surrounded by at least one jacketing or sheathing layer comprising a polypropylene ~~and~~ having a relaxation spectrum (RSI) and melt flow (MF) such that  $RSI \cdot MF^a$  is greater than about 12 when  $a$  is about 0.5.

2. (Original) The cable of Claim 1 wherein the polypropylene being coupled.

3. (Original) The cable of Claim 2 wherein the coupled polypropylene being characterized by the following formula

$$Y \geq 1.25, \text{ wherein:}$$

$Y$  = a ratio of a melt strength of the coupled polypropylene to the melt strength of the comparable noncoupled polypropylene.

4. (Original) The cable of Claim 1 wherein the polypropylene is an impact modified propylene copolymer.

5. (Original) The cable of Claim 4 wherein the impact modified propylene copolymer comprises a continuous phase and an elastomeric phase, wherein the elastomeric phase being present in an amount of at least about 9 weight percent of the impact modified propylene copolymer.